



SUMMER HOLIDAY

GYMNASTICS CAMPS 2015



Holiday Gymnastics Sessions For Age 4+ years

No experience Necessary! Come and join us to learn new skills, meet new friends and have lots of FUN!



Olympic Challenge & Pass a Badge Camp

Thurs 23rd July - 9am—3pm - £31.50

OLYMPIC CHALLENGE: The group will be working towards a British Gymnastics Proficiency Award which will be presented at the end of the day. Gymnasts will also be challenged on the Olympic pieces of apparatus—Vault, Bars, Beam, Floor, Rings & Trampoline. **(Bring a Drink & Packed Lunch)**



Trampoline & Bouncing Fun

Thurs 6th Aug - 9am—3pm - £29.00

EVERYTHING BOUNCY!!!!!! Learn New Floor Skills & have lots of bouncing fun on the Trampoline, Airtrack, Trampoline, Tumble Track, Double Mini Trampoline & Vault. Everyone will be awarded with a special SGA trampoline and rebound certificate for all their hard work & completion of the challenges during the camp. **(Bring a Drink & Packed Lunch)**



Bouncing Fun, TeamGym

Challenge & Performance

Thurs 3rd Sept - 9am—3pm-£28.00

EVERYTHING BOUNCY WITH A CHANCE TO SHOW OF YOUR SKILLS TO YOUR FRIENDS AND FAMILY!!!!!! Learn New Floor Skills & have lots of bouncing fun on the Trampoline, Airtrack, Trampoline, Tumble Track, Double Mini Trampoline & Vault. The camp will finish with all gymnasts participating a small display where friends and family will be invited to come & watch gymnasts perform newly learnt skills and routines they have prepared from 2.30pm.

(Bring a Drink & Packed Lunch)



The Ultimate! Gymnastics Summer Camp!

Mon 27th, Tue 28th & Thurs 30th July

9am—12pm - £45.00



THE ULTIMATE will involve a taster of all aspects of gymnastics. Apparatus work will include, Bars, Beam, Floor, Vault, Trampoline, Rhythmic Gymnastics, Acro & Group work, Tumbling, Airtrack & Trampoline. Test your gymnastics strength & fitness and take the Monkey Club Challenge, learn new skills & ring the new move bell! Everyone will be presented with an Exclusive SGA Monkey Club Certificate on completion of the set challenges and a Ultimate Gymnastics Medal for their Participation in the Camp.. **(Bring a Drink & Snack)**



Ninja Hero Challenge



Tue 1st Sept - 9am—3pm - £30.50

NINJA CHALLENGE: Take part in SGA's toughest Obstacle Course and become SGA's Ninja Champion. The grueling circuits will be designed to challenge every gymnast regardless of their age & ability and everyone will be presented with a Ninja Hero Medal. Participants can also enter a timed challenge circuit to see who is SGA's fastest Ninja and win a trophy! Other activities throughout the day will include exercises to build strength, agility, flexibility, speed, and include general body conditioning exercises as well as getting a chance to use all of SGA's fantastic gymnastics apparatus.

(Bring a Drink & Packed Lunch)

SPECIAL OFFER!!! BOOK THE ULTIMATE CAMP AND YOUR CHOICE OF ANY TWO OTHER CAMPS & RECEIVE A FANTASTIC £10 DISCOUNT.

Limited Spaces in all Camps! Hurry & Book your Place Now to avoid disappointment!

Closing Date: THURSDAY 16th JULY!

Scarborough Gymnastics Academy

Barry's Lane Leisure Complex, Scarborough, YO12 4HA.

www.scarboroughgymnastics.co.uk

EMAIL: info@scarboroughgymnastics.co.uk

Ring: 01723 366271 Text: 07879470529

Important! - SGA may run outdoor activities on the field as part of the camps. Bring Trainers, Sun-Cream, and a Hat. Other activities throughout the camps may include: Fun & games, pit races, team games, parachute activities, fun obstacle course & games, crafts, colouring & quizzes.

SGA 2015 SUMMER CAMP BOOKING FORM

Name _____

Age _____ D.O.B _____

Address _____

Tel: _____ Mobile: _____

Alternative Emergency Contact _____

Email _____

Important!: Booking Confirmation will be sent by email.

Any Dietary / Medical Requirements? _____

Any Other Info / Previous Experience? _____

My child has already passed the following BAGA Proficiency / Apparatus / Gymnastics Awards (Detail All) _____

I would like to book a place for my daughter / ☐ son, on the following camps: (tick)

- ♦ Olympic & Pass a Badge Camp @ £31.50 ☐
- ♦ Ultimate Summer Gym Camp @ £45.00 ☐
- ♦ Trampoline & Bouncing Fun ☐ Camp @ ☐ £29.00
- ♦ Ninja Hero Challenge - £30.50 ☐
- ♦ Bouncing Fun TeamGym Challenge & Performance ☐
- ♦ Book The Ultimate & 2 other camps & receive a £10.00 discount! ☐

Please note that if you are not a current member of British Gymnastics you must add £7.00 to cover temporary membership. Total Enclosed £ _____ Cash / BACS (No Cheques)

Payment by BACS – Account no: 91791044 Sort code: 404022 – Please detail your child's name in the payment details and text 07766522976 to confirm payment & detail payment amount. Do not return booking form until payment has been made if paying by BACS.

Terms & Conditions of Bookings

Important! - SGA may run outdoor activities on the field as part of the camps. Bring Trainers, SunCream, and a Hat.

Bookings are accepted on a first come first served basis.

Bookings are for the full course duration, not individual days.

If there are insufficient numbers, sessions may have to be changed or cancelled, you will be notified in advance and refunded in the case of course cancellation.

Booked places may only be cancelled if there is sufficient notice (4 weeks). BAGA membership can not be refunded.

All participants must be members of British Gymnastics.

All participants must wear suitable clothing - Leotard or Close Fitting Shorts / T-Shirt & bare feet. No leotards with skirts, trousers or items with buttons / zips. Hair must be tied back neatly using soft bobbles & no jewelry including earrings must be worn.

Please bring a drink, only water is allowed in the gym.

Please leave your shoes on the shoe racks outside the gym & bring all other belongings into the gym.

All gymnasts (under 14 years) must be supervised by an adult until the session begins and picked up from the gymnasium by a named adult.

Please arrive at the start of the session ready for the warm up & collect your child promptly at the end of the session the gym may close once the session has ended.