



SUMMER HOLIDAY

GYMNASTICS CAMPS 2017



Holiday Gymnastics Sessions For Age 4+ years

No experience Necessary! Come and join us to learn new skills, meet new friends and have lots of FUN!

Olympic Challenge Gymnastics Camp

Thurs 10th & Fri 11th Aug



9am-1pm - £43.00



Become an **Olympic gymnast!** Gymnasts will be challenged on mens & womens Olympic pieces of apparatus—Vault, Bars, Beam, Floor, Rings & Trampoline as well as trying out the Rhythmic gymnastics apparatus. Learn new skills & ring the new move bell! Everyone will be presented with a special **Olympic Style Medal** for their participation in the Olympic Challenge.

(Bring a Drink & light packed lunch)

The Ultimate! Gymnastics Summer Camp!



Tue 15th Aug



9am—3pm—£33.00

THE ULTIMATE will involve a taster of all aspects of gymnastics. Apparatus work will include, Bars, Beam, Floor, Vault, Trampoline, Rhythmic Gymnastics, Group work, Tumbling, Fast Track, Airtrack & Trampoline. Learn new skills & ring the new move bell! Everyone will be presented with a special **Ultimate Certificate** after completing the set challenges during the camp. **(Bring a Drink & packed lunch)**

Trampoline, Bouncing Fun & Pass a Badge

Wed 16th & Thurs 17th August



9am—12pm - £37.00



EVERYTHING BOUNCY!!!!!! Learn New Floor Skills & have lots of bouncing fun on the Trampoline, Airtrack, Trampoline, Tumble Track, Double Mini Trampoline & Vault. Everyone will work towards a **British Gymnastics - Trampoline proficiency Award** which will be presented at the end of the camp. **(Bring a Drink & Snack)**



Ninja Hero Challenge



Mon 21st August 4-7pm - £19.50

NINJA CHALLENGE: Take part in SGA's toughest **Obstacle Course** and become SGA's **Ninja Champion**. The grueling circuits will be designed to challenge every gymnast regardless of their age & ability and everyone will be presented with a **Ninja Hero Medal**. Other activities throughout the day will include exercises to build strength, agility, flexibility, speed, and include general body conditioning exercises as well as getting a chance to use all of SGA's fantastic gymnastics apparatus. **(Bring a Drink & Snack)**

Summer Party Fun Camp!



Tue 22nd August

9am—3pm - £33.00



Summer Party Fun: Take part in SGA's Easter party fun day will include lots of fun party games, including team races, Parachute games, musical mats, balloon games, races in the foam pit and lots more party fun. Other activities throughout the day will include lots of gymnastic activities including Bars, Beam, Floor, Rings, Vault, Tumble and Fast Track, The day will also include Summer Crafts & Activities. **(Bring a Drink & packed lunch)**

Gymnastics Fun & Pass a Badge Camp!



Wed 23rd August

9am—11am £16.00



The **Pass a Badge & Gymnastics Fun Camp** will include, Bars, Beam, Floor, Rings, Vault, Tumble and Fun in the foam pits. In addition to everyone will work towards a **British Gymnastics Proficiency Badge & Certificate** which will be presented at the end of the camp. Please remember to detail the 8-1 and advanced awards your child has already passed on the booking form. **(Bring a Drink & Snack)**

SPECIAL OFFER!!! BOOK THE OLYMPIC CAMP AND YOUR CHOICE OF ANY TWO OTHER CAMPS & RECEIVE A FANTASTIC £10 DISCOUNT.

Limited Spaces on all Camps!

Hurry & Book your Place Now to avoid disappointment!

Closing Date: SATURDAY 22nd JULY!

Important! SGA may run outdoor activities on the field or outside as part of the camps. Bring Trainers, Sun-

Cream, and a Hat. Other activities throughout the camps may

include: Fun & games, pit races, team games, parachute activities, fun obstacle course & games, crafts, colouring & quizzes.

SGA 2017 SUMMER GYMNASTICS CAMP BOOKING FORM

Name _____

Age _____ D.O.B _____

Address _____

Tel: _____ Mobile: _____

Alternative Emergency Contact _____

Email _____

Important!: Booking Confirmation will be sent by email.

Any Dietary / Medical Requirements? _____

Any Other Info / Previous Experience? _____

My child has already passed the following BAGA Proficiency / Advanced / Trampoline Awards (Detail All) _____

I would like to book a place for my daughter / son, on the following camps: (tick)

- ♦ Olympic Challenge Gymnastics Camp @ £43.00 ☐
- ♦ The Ultimate Gymnastics Camp @ £33.00 ☐
- ♦ Trampoline, Bouncing Fun & Pass a Trampoline Badge Camp @ £37.00 ☐
- ♦ Ninja Hero Challenge - £19.50 ☐
- ♦ Summer Party Fun Camp —£33.00 ☐
- ♦ Gymnastics Fun & Pass a Badge Camp—£16.00 ☐
- ♦ Book The Olympic Camp & 2 other camps & receive a £10.00 discount! ☐

Please note that if you are not a current member of British Gymnastics & taking part in more than 2 days of camps you must add £7.00 to cover temporary membership.

Total Enclosed £ _____ Cash / BACS (No Cheques)

Payment by BACS – Account no: 91791044 Sort code: 404022 – Please detail your child's name in the payment details and text 07766522976 to confirm payment & detail payment amount. Do not return booking form until payment has been made if paying by BACS.

Terms & Conditions of Bookings

Bookings are accepted on a first come first served basis.

4 years olds must be in full time education.

Bookings are for the full course duration, not individual days.

If there are insufficient numbers, sessions may have to be changed or cancelled, you will be notified in advance and refunded in the case of course cancellation.

Booked places may only be cancelled if there is sufficient notice (4 weeks). BAGA membership can not be refunded.

All participants must be members of British Gymnastics if attending more than 2 sessions.

All participants must wear suitable clothing - Leotard or Close Fitting Shorts / T-Shirt & bare feet. No leotards with skirts, trousers or items with buttons / zips. Hair must be tied back neatly using soft bobbles & no jewelry including earrings must be worn.

Please bring a drink, only water is allowed in the gym.

Please leave your shoes on the shoe racks outside the gym & bring all other belongings into the gym.

All gymnasts must be supervised by an adult until the session begins and picked up from the gymnasium by a named adult.

Please arrive at the start of the session ready for the warm up & collect your child promptly at the end of the session the gym will close once the session has ended.



Booking Closing Date

Saturday 22nd July

Scarborough Gymnastics Academy
Barry's Lane Leisure Complex, Scarborough, YO12 4HA.
www.scarboroughgymnastics.co.uk
EMAIL: info@scarboroughgymnastics.co.uk
Ring: 01723 366271 Text: 07879470529