# **SCARBOROUG GYMNASTICS**

# **SUMMER HOLIDAY**

# **GYMNASTICS CAMPS 2018**



Holiday Gymnastics Sessions For Age 4+ years. No experience Necessary! Come and join us to learn new skills, meet new friends and have lots of FUN!

#### **Trampoline & Bouncing Fun Camp**

#### Tue 24th & Thurs 26th July



GYMNASTICS

9am-12pm - £38.50



EVERYTHING BOUNCY!!!!!!! Learn New Floor Skills & have lots of bouncing fun on the Trampoline, Airtrack, Trampette, Tumble Track, Double Mini Trampoline & Vault. Everyone will be presented with a special **Trampoline Certificate** after completing the set

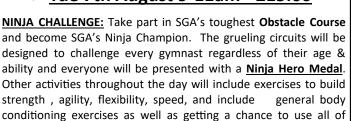
### The Ultimate! Gymnastics Summer Camp! Tue 31st July & Thurs 2nd Aug

9am—12pm - £37.50



THE ULTIMATE will involve a taster of all aspects of gymnastics. Apparatus work will include, Bars, Beam, Floor, Vault, Trampette, Rhythmic Gymnastics, Group work, Tumbling, Fast Track, Airtrack & Trampoline. Learn new skills & ring the new move bell! Everyone will be presented with a special <u>Ultimate Medal</u> after completing the set challenges during the camp. (Bring a Drink & Snack)

# Ninja Hero Challenge Tue 7th August 9-11am - £15.00





# **Backflip Development Camp** Wed 15th August 4-5.30pm -£9.00

SGA's fantastic gymnastics apparatus. (Bring a Drink & Snack)

Join us for a session focusing specifically on Backflip Development. Gymnasts will work on different backflip progressions and apparatus stations to work towards learning the final skill. Gymnasts must be aged 7+ and be able to perform a strong handstand and a bridge kick over either from the floor or a raised surface. Please note, attendance does not guarantee that gymnasts will be able to perform the final skill at the end of the camp however gymnasts will have learned valuable skills which will aid future development.

Important! SGA may run outdoor activities on the field or outside as part of the camps. Bring Trainers, SunCream, and a Hat. Other activities throughout the camps may include: Fun & games, pit races, team games, parachute activities, fun obstacle course & games, crafts, colouring & quizzes.

#### Gymnastics Fun & Pass a Badge Camp!



Wed 25th July



4-6pm - £16.00

The Pass a Badge & Gymnastics Fun Camp will include, Bars, Beam, Floor, Rings, Vault, Tumble and Fun in the foam pits. In addition to everyone will work towards a British Gymnastics Proficiency Badge & Certificate which will be presented at the end of the camp. Please remember to detail the 8-1 and advanced awards your child has already passed on the booking form. (Bring a Drink)



## **Bouncing Fun & Pass a**



Trampoline Badge Camp

Wednesday 1st August - 4-6pm - £16.00

PASS A TRAMPOLINE BADGE: The Pass a Badge & Bouncing Fun camp will include, Trampoline, Trampette, Fast Track ,Double Mini Trampoline, Tumble and Fun in the foam pits. In addition to everyone will work towards a **British Gymnastics Trampoline Badge & Certificate** which will be presented at the end of the camp. Please remember to detail the trampoline awards your child has already passed on the booking form. (Bring a Drink)



#### **Olympic Challenge**



& Apparatus Badge Camp

#### Tuesday 14th Aug—9am-1pm—£26.00

Become an Olympic gymnast! Gymnasts will be challenged on mens & womens Olympic pieces of apparatus—Vault, Bars, Beam, Floor, Rings & Trampoline as well as trying out the Rhythmic gymnastics apparatus. Learn new skills & ring the new move bell! In addition to everyone will work towards an advanced **Proficiency** Apparatus award or 8-1 Proficiency award for the younger gymnasts.

SPECIAL OFFER!!! BOOK THE ULTIMATE AND 2 DAY **BOUNCE CAMP AND YOUR CHOICE OF 1 OR MORE-**OTHER CAMPS & RECEIVE A FANTASTIC £10 DIS-COUNT, (Offer excludes Backflip camp)

Limited Spaces on all Camps! Hurry & Book your Place Now to avoid disappointment!

Closing Date: WEDNESDAY 18TH JULY!

# SGA 2018 SUMMER GYMNASTICS CAMP BOOKING FORM

Name
Age D.O.B
Address
Tel:Mobile:
Alternative Emergency Contact
Email
mportant!: Booking Confirmation will be sent be email.
Any Dietary / Medical Requirements?
Any Other Info / Previous Experience?
My child has already passed the following BAGA Proficiency / Advanced / Trampoline
Awards (Detail All)
wards (Betain / iii)
would like to book a place for my daughter / son, on the following camps: (tick)
Trampoline & Bouncing Fun Camp @ £38.50
Gymnastics Fun & Pass a Badge Camp @ £16.00 Booking Closing Date
The Ultimate Gymnastics Summer Camp @ £37.50 Wednesday 18th July
Bouncing Fun & Pass a Trampoline Badge Camp - £16.00
Ninja Hero Challenge —£15.00
Olympic Challenge & Pass an Apparatus Badge Camp—£26.00
Backflip Development Camp—£9.00
Book The 2 Day Ultimate & Bounce Camp & 1 other camp & receive a £10.00 discount! (Excludes
Backflip Development Camp)
Please note that if you are not a current member of British Gymnastics you must add £1.00 per day
attending to cover temporary membership Total—£
Total Enclosed £ Cash / BACS (No Cheques)
Payment by BACS – Account no: 91791044 Sort code: 404022 – Please detail your child's name in the
payment details and text 07766522976 to confirm payment & detail payment amount. Do not return book
ng form until payment has been made if paying by BACS.

#### **Terms & Conditions of Bookings**

Bookings are accepted on a first come first served basis.

4 years olds must be in full time education.

Bookings are for the full course duration, not individual days.

Scarborough Gymnastics Academy Barry's Lane Leisure Complex, Scarborough, YO12 4HA. www.scarboroughgymnastics.co.uk, EMAIL:info@scarboroughgymnastics.co.uk

Ring: 01723 366271 Text: 07340720487

If there are insufficient numbers, sessions may have to be changed or cancelled, you will be notified in advance and refunded in the case of course cancellation.

Booked places may only be cancelled if there is sufficient notice (4 weeks). BAGA membership can not be refunded.

All participants must be members of British Gymnastics if attending more than 2 sessions.

All participants must wear suitable clothing - Leotard or Close Fitting Shorts / T-Shirt & bare feet. No leotards with skirts, trousers or items with buttons / zips. Hair must be tied back neatly using soft bobbles & no jewelery including earrings must be worn.

Please bring a drink, only water is allowed in the gym.

Please leave your shoes on the shoe racks outside the gym & bring all other belongings into the gym.

All gymnasts must be supervised by an adult until the session begins and picked up from the gymnasium by a named adult.

Please arrive at the start of the session ready for the warm up & collect your child promptly at the end of the session the gym will close once the session has ended.