



# SGA SUMMER CAMPS 2026

Tuesday 21st July Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Somersault & Twisting Camp						
Cartwheel & Roundoff Development Camp						
Backflip Development Camp						
Bridge Kick Over & Walkover Camp						

Wednesday 22nd July Morning	9 - 10 am	10 - 11 am	11am - 12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Twinkles Pre School Parent & Child Camp						
Trampoline & Bouncing Fun 2 Day Camp						
Ultimate Summer Gymnastics 2 Day Camp						

Thursday 23rd July Morning	9 - 10 am	10 - 11 am	11am - 12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Gymnastics Fun & Pass a Badge Camp						
Trampoline & Bouncing Fun 2 Day Camp						
Ultimate Summer Gymnastics 2 Day Camp						

## Week 1

Tuesday 28th July Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Introduction to Gymnastics Camp 5-7 years						
Introduction to Gymnastics Camp 8+ years						

Wednesday 29th July Morning	9 - 10 am	10 - 11 am	11am - 12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Twinkles Pre School Parent & Child Camp						
Olympic Challenge 2 Day Camp						
Gym Fun For All Camp 2 Day Camp						

Thursday 30th July Morning	9 - 10 am	10 - 11 am	11am - 12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Gymnastics Fun & Pass a Badge Camp						
Olympic Challenge 2 Day Camp						
Gym Fun For All Camp 2 Day Camp						

## Week 2

Wednesday 19th August Morning	9 - 10 am	10 - 11 am	11am - 12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Vault & Trampoline Camp						
Headstand & Handstand Workshop						
Elevate Apparatus & Power 2 Day Camp						
Bar & Beam Summer Fun Camp						
Handspring Development Camp						
Tumble & Bounce Camp						

Thursday 20th August Morning	9 - 10 am	10 - 11 am	11am - 12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Gymnastics Fun & Pass a Badge Camp						
Elevate Apparatus & Power 2 Day Camp						
Foam Pit & Inflata Fun Camp						
Camp Extreme						

## Week 5