



# SGA Summer Holiday Camps 2026 And Development, Progress & Performance Training



Monday 20th July Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Development 1&2						
Mini Progress						
Primary Progress						
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						

Tuesday 21st July Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Development 1&2						
Somersault & Twisting Camp						
Cartwheel & Roundoff Camp						
Backflip Camp						
Bridge Kickover & Walkover Camp						
Youth Girls						
Youth Boys						
Junior / Senior						

Wednesday 22nd July Morning	9 - 10 am	10 - 11 am	11am -12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Pre School Camp						
Trampolining Camp 2 Day						
Mini Progress						
Ultimate Camp 2 Day						
Primary Progress						

Wednesday 22nd July Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						

Thursday 23rd July Morning	9 - 10 am	10 - 11 am	11am -12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Pass a Badge Camp						
Trampolining Camp 2 Day						
Mini Progress						
Ultimate Camp 2 Day						
Primary Progress						

Monday 27th July Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Development 1&2						
Mini Progress						
Primary Progress						
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						

Tuesday 28th July Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Development 1&2						
Intro to Gymnastics Camp 5-7 years						
Intro to Gymnastics Camp 8+ years						
Youth Girls						
Youth Boys						
Junior / Senior						

Wednesday 29th July Morning	9 - 10 am	10 - 11 am	11am -12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Pre School Camp						
Olympic Camp 2 Day						
Mini Progress						
Gym Fun For All Camp 2 Day						
Primary Progress						

Wednesday 29th July Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						

Thursday 30th July Morning	9 - 10 am	10 - 11 am	11am -12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Pass Badge Camp						
Olympic Camp 2 Day						
Mini Progress						
Gym Fun For All Camp 2 Day						
Primary Progress						

Wednesday 19th August Morning	9 - 10 am	10 - 11 am	11am -12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Development 1&2						
Trampoline & Vault Camp						
Headstand & Handstand Camp						
Elevate Camp 2 Day						
Mini Progress						
Bar & Beam Camp						
Handspring Camp						
Tumble & Bounce Camp						
Primary Progress						

Wednesday 19th August Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						

Thursday 20th August Morning	9 - 10 am	10 - 11 am	11am -12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Pass a Badge Camp						
Elevate Camp 2 Day						
Mini Progress						
Foam Pit & Inflata Fun Camp						
Camp Extreme						
Primary Progress						

Thursday 20th August Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						

Friday 21st August Morning	9 - 10 am	10 - 11 am	11am -12pm	12 - 1 pm	1 - 2 pm	2 - 3 pm
Development 1&2						
Mini Progress						
Primary Progress						
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						

Wednesday 2nd September Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Development 1&2						
Mini Progress						
Primary Progress						
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						

Thursday 3rd September Evening	3 - 4 pm	4 - 5 pm	5 - 6 pm	6 - 7 pm	7 - 8 pm	8 - 9 pm
Development 1&2						
Mini Progress						
Primary Progress						
Youth Progress						
Youth Girls						
Youth Boys						
Junior / Senior						